

Issue #48  
September  
October 2018

GEEVESTON  
COMMUNITY  
CENTRE  
MONTHLY  
NEWSLETTER

# GeCo



## FACILITIES

Dog House  
Computers  
Printing &  
Photocopying  
Community Bus  
Trailer Hire  
Meeting Space

## GROUPS

Stitch and Giggle  
U3A  
Community  
Garden  
Eating with  
Friends  
Material Girls  
Exercise Group

## EDUCATION

Literacy support  
Computer  
classes  
Jumpstart  
Study support

## MONEY

### MATTERS

Budget Support  
NILS  
Food Pantry

## SERVICES

Huon Domestic  
Violence  
Service  
Work Ready-  
resume writing  
Food Pantry  
Referral Service

## WOMEN WORKING WOOD

Friday at the Doghouse is Ladies Day



Come along to the Mens Shed from 10am to 3pm with your woodworking projects to learn and have fun. There will be cake. Ross is your tutor - Bring him a challenge or 2.



**Tasmanian  
Men's Shed  
Association Inc.**



**Geeveston Community Centre - 9B School Road, Geeveston**  
**Call 62971616 for more information**

Funded by the Crown through the Department of Communities Tasmania



There will be no afterschool swimming  
and no school holiday program in  
October.

Lucy is on leave.

Apologies for any inconvenience.  
We look forward to offering a fun-filled  
program in January for the Summer  
Holidays!

## Huon Valley Council Enrolment Information

The Geeveston Community Centre encourages all people to have their say in local, state and national elections. If you are 18 years or over, you are eligible to vote, please make sure you are enrolled.

The following information is from the Huon Valley Council website  
at <https://www.huonvalley.tas.gov.au/council/council-elections/>

If you are currently on the State Electoral Roll for State and Federal Elections for your address in the Huon Valley Municipal Area you are automatically on the Local Government Roll.

To check your enrolment on the Electoral Roll please visit the Australian Electoral Commission (AEC) website at [www.aec.gov.au](http://www.aec.gov.au) and click on the "Check Enrolment" button. An enrolment form can also be obtained from that website or by calling the AEC on 132 326 or from any post office.

You are also eligible to enrol on the "General Manager's Roll" if you:

Own land within the municipal area, but you do not live in the area and are registered on the State Electoral Roll at the address outside of the area, or  
Occupy land within the municipal area, but are not eligible to be on the State roll for the area –

Enrolment Form (General Manager's Roll – Individual) or

Are the nominated representative of a corporate body that owns or occupies land in the Huon Valley – Enrolment Form (General Manager's Roll – Corporate)







Geeveston Community Centre

# SPRING SEEDLING GIVEAWAY



**SATURDAY  
NOVEMBER 3RD**

**More Details Soon**

Geeveston Community Centre - 9B School Rd, Geeveston, 7116  
Call 6297 1616 for more information



# Geeveston Material Girls

Geeveston Material Girls meet every Monday from 10-3 in the annexe (behind GeCo's main building).

We are a happy group of crafters, whose interests are wide and varied.

Sewing machines, an overlocker and other sewing equipment are available for your use however due to safety concerns children are unable to accompany you. There's a small fee of \$3.00 per week which helps cover morning and afternoon tea.

Come and join us for a great day of friendship, laughter and crafting!



*Rhonda and Karen with their current projects*

**Material Girls meet every Monday 10am-3pm**





**Two heads are better than one!**



**Got a resume?  
Need interview practice?**

We can help you with:

Money Management, Resumes, Interview Skills  
Selection Criteria, Cover Letters, Career Coaching  
Job Options and Application Support.

**This is a free service**

Come any time Monday to Thursday!

Drop in to GeCo at 9b School Road Geeveston

Call 62971616 and ask for Lauren or Lucy



This project is supported by The MyState Foundation

# **Legal Outreach Clinic**

**Do you need help with a legal issue?**

**Come and see a Legal Aid lawyer  
for free information and advice**

**Geeveston Community Centre**  
**Old School Road, Geeveston**

Contact Geeveston Community Centre on  
**(03) 6297 1616**  
to find out more about this service



A joint project between Legal Aid Tasmania  
and Geeveston Community Centre



# **SAVE THE DATE**

## **Eating with Friends**

27/9/2018

Geeveston Community  
Centre

9b School Road

RSVP 6297 1616

Cost \$6



# Over 50s Strength & Balance Circuit Class

- \* Reduce pain
- \* Improve strength
- \* Boost energy levels

Focus on cardiovascular fitness, muscle strength, balance and flexibility!

Thursdays 11:00am-12:00pm

GeCo Community Room, Geeveston

**Cost: FREE!**

For more information call physiotherapist Jasmine on 6264 7100



Begins 21<sup>st</sup> June 2018 and runs weekly



## **Fresh Veggie Boxes**

Pick up every Wednesday after 2pm

8 Items each week

6 vegetables—2 fruit

\$20 per box or if you think this is too big we can do a \$10 box

Home delivery is \$5

Direct deposit is available or pay by card

All orders need to be in on Tuesday morning

Ring the office on 6297 1616 to place your order

## **GEEVESTON COMMUNITY CENTRE**



# **THE CYCLE OF FOOD**



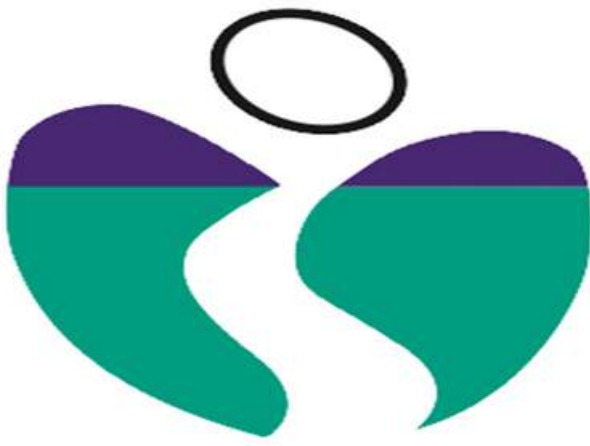
## **VOLUNTEERS NEEDED**

GeCo is looking for volunteers for our Cycle of Food project. This is a free 8 week course that will repeat 4 times. The next course starts on the 24th October. If you want to meet new people, learn new skills, help out your local community and have lots of fun, then give us a call for more information.

Geeveston Community Centre - 9B School Rd, Geeveston, 7116  
Call 6297 1616 for more information

Funded by the Crown through the Department of Health and Human Services





Huon  
Domestic  
Violence  
Service

**Tel: 03 6264 2222**

**Learner Driver Mentors  
WANTED**

A driver's licence is a ticket to a job, education and independence. Two hours per week is all that's needed. Free training and security checks provided.



Come and see us at GeCo for help with reading,  
writing or numeracy! 62971616



## The View from the (Scrubby) Hill

“Spring has sprung, the grass is ris, I wonder where da birdies is  
da little birds is on da wing; but that’s absurd, da wings is on da bird.”

So goes the ditty, and, as is the case with much doggerel, it’s complete crap: one never has to wonder where da birdies is, because they’re always here with us, eating everything we grow. But that’s a rant for another day. This month I want to grizzle... I mean, talk about seedling propagation and species selection for early spring.

It happens every year: spring approaches and the realisation begins to dawn that you want to plant an unfeasible number of crops, but the days are still cold, and the soil is wet as a shag, and there’s still frost and fog and frustration. Never fear; all you need is a warm spot – the top of the hot water tank works well – or a polytunnel, and you can get a bit of a head start with a few species.

Tomatoes can go in now, as can all the solanaceae (chillies, capsicum, eggplant) so long as you’re confident they won’t be frost affected. It’s also worth noting that tomatoes will become stunted, and future fruit set will be affected if the temperature drops below five degrees at night for even a few days. Even at ten degrees, if the temperature occurs for ten to twelve days (or nights) in a row, fruit set and plant size can be affected. This also applies in varying degrees to the other solanaceae.

My experience is that crops sown later in the season, when the weather has settled down somewhat, will largely catch up to those sown early, certainly in terms of yield, if not early fruiting. For the most part, unless I have a specific purpose (e.g. tomatoes for Christmas) I just sow them when I’m confident they’ll go well, and take my harvest as it comes.

Most of the species that you’ll grow over the summer can be started in pots – the notable exceptions are carrots, parsnips and coriander – but many of them prefer to be direct sown. I sow the beets and some brassicas in hiko trays to get a head start, but later successions will be direct sown. This applies in an even greater degree to the legumes. I’m doing peas in trays as we speak, but only because the soil at the farm is so wet I won’t touch it in any way; I’d much prefer to sow these large seeded varieties, including beans, direct, but the vicissitudes of the early season don’t always allow it.

It should be noted that, when deciding to plant any species early, the risk of bolting to seed should be assessed. For example, I sowed various allium species (leeks, long red Florence onions, spring onions and brown onions) at the beginning of the month, but I hesitated to do the same with the beets because if you put them in too early (this applies to chard and silverbeet, too) they might immediately bolt to seed, especially if you get unusually warm and cold days in succession. Brassicas can be similar; even though species such as cauliflower and broccoli are grown for the flowering head, you don’t want it to happen too early, and for species grown for leaves such as kale, cabbage and pak choi, you don’t want it to happen at all.

Next month – more on propagation and a potting mix rundown.



*Aerial view of Scrubby Hill Market Garden*

## Free calendar making workshop



**When:** Weekly on Wednesdays (five sessions)

October 31st-November 28th

10am-12 noon

**Where:** wayraparattee

Free adjunct care provided

**What:** Learn how to make a calendar online with Lucy. Great for to improve your computer skills and produce a Christmas gift!

**Contact:** wayraparattee staff to join or for more information



DEPARTMENT OF  
EDUCATION  
*learners first*

Funded by the Crown through the Department of Communities



## Cycle of Food Project

This month has seen the start of a new free program running out of the Geeveston Community Centre. The Cycle of Food Project is all about growing, harvesting and producing economical delicious healthy meals for the local community. Each week on Thursday, you can call up and come down for a meal, with others. Alternatively, if you're busy then just give us a call and we can arrange for some to be put away for pick up. All we ask for is a gold coin donation.

Our first workshop has begun and the participants are learning some great skills for the future.

This course will run over 8 weeks on Wednesday and Thursdays. It is open for anyone to attend. We will be running 4 sessions in that time. We are still looking for participants and volunteers, so if you are keen to learn some new life skills and to meet like-minded people or you know of someone who might like it, then please contact the Community Centre for more information.



*Photo some of the meals created at the centre and our conscientious cooks!*

## **Get Picking with GeCo**

Spring is here and it won't be long before the strawberries, cherries and apples need picking. There is work to do and money to be made. GeCo can help with this.

We are putting together a 'register of interest' ready for when the season starts.

Please suggest friends and family who are interested in picking get in touch with GeCo.

Phone 62971616





# FREE Mental Health First Aid Training



**Where:** Dover Oval Clubrooms, 7242 Huon Highway

**When:** 1st & 2nd November 2018 (2 Day Course)

**Time:** 9.00am to 4.00pm

**Cost:** FREE and catering provided

**Who For:** Community members 18 and over

**Info:** [www.rawtas.com.au](http://www.rawtas.com.au) or [www.mhfa.com.au](http://www.mhfa.com.au)

**Bookings:** To register your expression of attendance please contact Kylie on 6254 1092

**Maximum of 22 Participants**

**Proudly Supported By:**

Huon Valley  
**Community Bank®**

 **Bendigo Bank**



**HUON VALLEY  
COUNCIL**



**Admit One  
To  
Eating with Friends**

**18<sup>th</sup> October 2018**

**Geeveston Community Centre  
9B School Road**

**Cost \$6**

**RSVP 6297 1616**



# Looking for something to do?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Open</b> <b>9:30—4:30</b>	<b>Open</b> <b>9:30—4:30</b>	<b>Open</b> <b>9:30—4:30</b>	<b>Open</b> <b>9:30—4:30</b>	<b>Open</b> <b>9:30—3:00</b>
Dog House 10:00—15:00	Dog House 10:00—15:00	Dog House 10:00—15:00	Dog House 10:00—15:00	
Material Girls 10:00—15:00	Stitch & Giggle (every 2nd Tuesday) 10:00—12:00	U3A 10:00—12:00	Over 50s Exercise Class 11:00-12:00	Bible studies 11-12.30
		Food Pantry By appointment 13:00—16:00	Food Pantry By appointment 13:00—16:00	
Scrabble 14:00	Brushstrokes 10.30am—3pm	Swimming After School 8+ year olds		
NILS bookings Available	NILS bookings Available	NILS bookings Available	NILS bookings Available	
Michael Lucy Chris	Michael Chris Trevor Lauren	Michael Lucy Trevor Lauren	Michael Trevor Lauren	Michael Kerrin



Find us at:

[www.geeveston.org.au](http://www.geeveston.org.au)  
 Geeveston Community Centre Inc  
 9b School Rd Geeveston  
 Monday-Thursday 9.30am-4.30pm  
 Friday 9.30am-3pm  
 P: 03 6297 1616  
 E: [geecom@bigpond.com](mailto:geecom@bigpond.com)



Funded by the Crown through the  
Department of Health and Human Services